



Care Package Ideas

suite or individual –

Wellness Basket

(maybe in a reusable shopping bag/tote bag)

Vitamins

healthy snacks like nuts, dried fruit, and energy bars

baked goods,

chewing gum, hard candy

stress ball

bath or shower bombs (very popular right now)

nail care kit

facial packs

eye mask

throat lozenges

Tea or Instant Coffee

Adult coloring book and colored pencils/pens

Emergen-C dietary supplement packets

first aid kit (Band-Aids, hydrocortisone, Neosporin,

alcohol wipes)

Thank you notes/stamps

suite or individual –

Cold-weather Basket

(maybe in a reusable shopping bag/tote bag)

Hats

gloves

scarves

Fleece blankets

Warm socks (2 or 3 pair)

Vitamin C, hand sanitizer, Kleenex, lip balm, moisturizing

lotion

Hot chocolate, tea, instant coffee, instant apple cider

anti-bacterial wipes

Games – eg. Uno, Skip Bo, Pictionary, Apples to Apples,

Family Feud Trivia

suite –

Sunday Dinner Suite Feed Kit

your favorite dinner casserole recipe

disposable baking pan

dry ingredients

Walmart gift card to purchase perishable ingredients

individual –

Laundry Kit

laundry detergent

dryer sheets

stain stick/spot remover

individual –

Shower Kit

full size soap or body wash

shampoo

conditioner

deodorant

moisturizing lotion

nail care kit

facial packs

eye mask

Toothbrush

toothpaste, floss

menstrual pads/products

razor, shaving cream

bath puff

individual –

Hello Aunt Flow Kit

menstrual pads/products

ibuprofen

heating pad

herbal tea

stain stick or spot remover

panty liners

remember: no candles, please!

If you choose to send the following packages to anonymous, individual students, it is suggested that they be sent in for **August or January distribution** by the Office of Student Life's Diversity Closet and the International Education Coordinator. Please send to the care of the Office of P.E.O. Relations. Your chapter will receive an official thank you note from the College, but the student may not receive the package immediately.

individual –

Shower Caddy Welcome Basket

full size soap or body wash
shampoo
conditioner
deodorant
moisturizing lotion
washcloth/bath puff
Toothbrush
toothpaste, floss
tweezers, nail clippers
hand mirror
menstrual pads/products
razor, shaving cream
shower shoes/flip-flops
Thank you notes/stamps

individual –

Laundry Welcome Basket

towels
washcloths
laundry detergent
dryer sheets
laundry bag/basket
stain stick/spot remover
hangers

individual –

Quarantine Kit

(As with all of the kits, these are only suggestions. Please feel free to improvise!)
tissues
antibacterial wipes
lap blanket
puzzle books
cards for solitaire
chapstick
snacks
tea bags
a cheerful note of support

individual –

Sweet Dreams Welcome Basket

twin-sized sheet set
pillow
blanket
pajama set
bathrobe (sizes may vary)
sock-slippers
slippers
sleep mask
herbal tea

individual –

Backpack Welcome Bag

(school supplies may be in a backpack or large shoulder bag)
spiral notebooks
binder
pens
pencils
erasers
Whiteout/correction tape
ruler
scissors
scotch tape
small stapler
dry erase board and dry erase markers
Student planner/schedule book
sticky tack or plasti-tak or Uhu
Thank you notes/stamps