

# COTTEY COLLEGE RANEY DINING ROOM

Fall Menu Week of September 13 - 19, 2021

**Breakfast:** Monday - Friday 7:00 am - 9:00 am Continental Offerings until 9:30 am; **Lunch:** Monday - Saturday 11:15 am - 12:45 pm; **Dinner:** Monday - Saturday 4:30 -6:45 pm; **Sunday Brunch:** 10:30 am -1:00 pm

	Always Available	Daily Choices	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Assorted Juices  Cream Cheese Breads & Bagels (Gluten Free available) English Muffins Asst. Jams & Jellies Asst. Cold & Hot Cereals, Granola (also Gluten Free) Wheat Germ Yogurt Steamed Rice	Fresh Fruit:  Entrees:  Coffe Cake/ Muffins:	*Pink Grapefruit *Scrambled Eggs Cheese & Egg Croissants V & D French Toast Sticks *Bacon P / ♦ Turkey Bacon *Oatmeal VV Chunky Hash Browns <i>Pop Up: Omelette &amp; Waffle Bar</i> Apple Streusel Muffins	*Honeydew *Scrambled Eggs *Fried Eggs Apple Streusel Pizza D *Bacon P / Sausage Links P ♦ *Amish Baked Oatmeal VV *Cheesy Hash Browns D <i>Pop Up: Smoothie Bar</i> Cinnamon Coffee Cake	*Bananas / *Strawberries  *Three-Cheese Omelettes V & D ♦ *Scrambled Eggs Reg & VV *Bacon P / *Potato Cakes *Sweet & Spicy Bacon P *Blueberry Pancakes D (GFA) <i>Pop Up: Omelette &amp; Waffle Bar</i> Orange Rolls	<b>Fried-Free Day</b> *Cantaloupe *Scrambled Eggs ♦ Healthy Pancakes D & VV Ham, Cheese & Egg Biscuit P & D Turkey Sausage Patties *Shredded Hash Browns <i>Pop Up: Smoothie Bar</i> Croissants D Morning Glory Muffins D	*Sliced Peaches *Scrambled Eggs Cottey Eggs McMuffin P & D *French Toast D (GFA) Cheese Blintz D *Bacon P / ♦ Turkey Bacon *Oatmeal VV *Skillet Potatoes <i>Pop Up: Omelette &amp; Waffle Bar</i> Granola Blueberry Muffins D	<b>National Cheeseburger Day</b>  *Pinapple / Kiwi  Continental Breakfast 8:00 - 9:30 a.m.  Zucchini Bread	** Continental Breakfast 8:00 - 9:00 a.m.  * Brunch Buffet 10:30 a.m.-1:00 p.m.  *Fresh Fruit Trays Cheese Ball D w/Crackers Assorted Cold Cereals *Vegan Waldorf Salad VV
<b>Lunch</b>	<b>Deli Bar Offerings:</b> Gluten Free Ham Gluten Free Turkey Variety of sliced Cheeses Asst. Accompaniments Protein Salad 6 Bread Varieties GF White Bread GF Wheat Bread  <b>Salad Bar Offerings</b> 3 Kinds of Greens 10 Kinds of Vegetables 9 Salad Dressings Daily Salad Specials Rolls & Asst. Breads  Seasonal Fruit Basket	Soup:  Entrees:  Dessert:	Buffalo Chicken Soup D *Black Bean & Rice Soup VV  *Crabmeat Quesadillas D (GFA) ♦ Asian Chicken Wraps Baked Cheesy Chicken Pie D Veggie Burgers VV Vegetable & Cheese Tarts V & D *Steak Fries  <i>Pop Up: Wrap Bar</i> English Toffee Cookies D	*Broccoli Cheese V & D *Taco Soup  *Steak Sandwiches (GFA) ♦ *Thai Chicken Satay w/ Peanut Sauce Cod Bites w/ Hushpuppies D Veg-Cheese Stuffed Croissants V & D *Korean-Style Noodles w/ Vegetables VV (GFA) *Shoestring Fries *Coleslaw  Apple Crumb Bars Chocolate Krinkle Cookies D	*Beef Stew *Garden Vegetable Soup VV  ♦ Baked Roman Chicken D Greek Gyro Sandwiches D *Double Veg. Quesadillas V & D, VV (GFA) *Monterey Chicken Sandwich (GFA) *Steamed Rice Seasoned Potato Wedges  Mrs. Field's Chocolate Chip Cookies	Mac'n Cheese Soup V & D Tomato Tortellini Soup V & D  *Beef or Chicken Fajitas ♦ *Broiled Herb Crusted Cod (GFA) *Bruschetta Cheese Toasts V & D (GFA) Black Bean & Rice Wrap VV *Steamed Rice *Roasted Potato Wedges  <i>Pop Up: Taco Bowl Bar</i> Chocolate Malt Bars D	Tomato Soup VV ♦ Amish Chicken Noodle Soup  *Kung Pao Chicken *Grilled Cheese Sandwiches V & D (GFA) Vegetable Spring Rolls VV *Beef Tostadas D Refried Beans VV *Steamed Rice *Tater Puffs  Chocolate Chunk Cookies D	*Vegetarian 7 Bean Soup VV  *Beef Burgers w/ Cheddar Cheese D (GFA) *Beyond Burgers w/ Muenster V & D, VV (GFA) ♦ Vegan Veggie Wraps VV Corn Dogs P Cook's Choice *Shoestring Fries Garden Blend Rice  Double Chocolate Brownies D	♦ *Scrambled Eggs Eggs Benedict P & D IHOP Pancakes D & VV *Cinnamon Swirl French Toast D (GFA) ♦ Turkey Sausage Patties Reg & VV *Bacon P Beef Pot Roast *Mashed Potatoes D Brown Gravy/White Gravy D *Cut Green Beans Vegan Bread Dressing VV  *Assorted Bagel Basket (GFA) Chocolate Croissants D Cinnamon Chip Donut Muffins D Angel Food Cake w/ Toppings Brownie Bon Bons D Strawberry Pie w/ Whipped Cream D
<b>Dinner</b>	Salad Bar: Same as Lunch  Deli Bar: Same as Lunch  Seasonal Fruit Basket	Entrees:  Starch:  Vegetables:  Dessert:	Baked Chicken Tenders Reg & VV ♦ *Grilled Teriyaki Salmon Toasted Cheese Ravioli w/ Marinara V & D Grilled Beef & Cheddar on Potato Bread D  *Tuscan Roasted Vegetables VV *Steamed Rice *Baked Potatoes  *Steamed Carrots *Steamed Broccoli *Frozen Yogurt D Rice Krispie Treats Reg & Chocolate Dipped	Beef Fritters w/Country Gravy D Meatless Taco Casserole V & D ♦ *Baked Tofu & Broccoli Pilaf VV Cook's Choice  *Mashed Potatoes D Rice Pilaf *Steamed Corn *Cut Green Beans  <i>Pop Up: Stir-Fry Bar</i> Golden Graham S'mores D Assorted Ice Cream Novelties D	<b>Gastropub-Style Buffet</b>  A Gastropub-style hot dog and burger buffet including favorites with a twist such as Creamy Pesto Mac n' Cheese with Spinach and Chorizo Patties. Plates can be customized by using menu items such as Fried Pickles, Onion Tanglers, and Fried Eggs as toppings or sides. V, VV, GF, and non-dairy options available.  Assorted Cakes, Cookies & Fresh Fruit Chips / Soda / Bottled Water	*Grilled Honey BBQ Chicken Pitas D (GFA) Chinese Glazed Spareribs P *Cheese Pizza V & D (GFA) ♦ Vegetable Pizza V & D, VV Cook's Choice  *Roasted Potatoes *Steamed Rice  *Zucchini & Yellow Squash *Steamed Baby Carrots  <i>Pop Up: Omelette &amp; Waffle Bar</i> Oatmeal Creme Pies D	♦ *Caesar Salad V & D w/ *Grilled Chicken *Grilled Vegetable Kebobs VV Tortellini Alfredo V & D *Carne Asada w/ Toppings & Tortillas  Steamed Rice Seasoned Waffle Fries  *Steamed Asparagus *Mixed Vegetables  Asst. Ice Cream D Assorted Cupcakes D	*Italian Chicken Wings ♦ *Hot Wings Jumbo Cheese Ravioli w/ Marinara V & D Meatballs Reg & VV Cook's Choice  *Steamed Red Potatoes Garlic Breadsticks D *Steamed Rice  *Steamed Cabbage *Steamed Peas  *Italian Ices Toll House Pie D	

Menu Subject to Change Without Notice

♦ Indicates Daily Healthy Options, See online nutrition guide for more information

\* Indicates Gluten Free Item (GFA) - Gluten Free is available

Entrées marked with a V are vegetarian. Entrées marked with a VV are vegan.

Entrées marked with a P contain pork. Entrées marked with a D contain dairy.

\*Brunch offers a combination of Breakfast and Lunch Items.

\*\* Continental Breakfast offers all Cereal, Toast, Muffins, etc. and Beverages.

