

Cotley College
Biennial Review
2008

A. Description of Program Elements

1. Alcohol-Free Options

- a. Alcohol-free events and activities are implemented and promoted.
- b. The campus offers the Chellie Club, recreation center, and Student Center for alcohol-free settings as well as halls and all academic buildings.
- c. Alcohol-free settings have extended hours per the student's keycard on campus.
- d. Cotley College prohibits alcohol on campus.
- e. Alcohol awareness/prevention is provided by the Counseling Office, BACCHUS, SGA, and other student led organizations.

2. Normative Environment

- a. The academic schedule offers core classes on Thursdays and Fridays.
- b. Cotley stresses a personal honor code.
- c. All residents halls are substance-free.
- d. Students are educated at Orientation and throughout the year about drinking norms and misperceptions. This year, "personal responsibility," was the focus.
- e. Student leaders are encouraged to promote positive leadership and healthy norms.
- f. Student Core survey normative statistics are disseminated to the campus.
- g. Faculty are encouraged to maintain a high level of contact with students.
- h. An academic early identification system is in place to target early concerns.
- i. Hall directors, peer listeners, R.A.'s are trained on alcohol awareness and treatment resources available on campus.
- j. A referral protocol is in place for any member of the campus community to notify Student Life of a student concern.
- k. Student Life Committee will oversee/review policies, programming, and effectiveness.
- l. BASICS initiated in the counseling office for assessment and intervention.

3. Alcohol availability

- a. Alcohol is banned on campus, parking lots, and B.I.L. Hill.

4. Marketing and promotion of Alcohol

- a. Alcohol advertising on campus is banned.
- b. Party or event promotion is banned or limited on campus.

5. Policy Development and Enforcement

- a. On-campus functions must be registered.
- b. Campus security patrols events and campus activities.
- c. Alcohol banned on campus events.

- B. Statement of AOD program goals and discussion of goal achievement
1. Identify and enforce policies that promote increased education and awareness supporting an alcohol free campus.
 - a. Policies are posted in the student handbook and on-line for transparency.
 - b. The Judicial Review Board and administration enforces policies for disciplinary review.
 2. Implement educational programming for the campus community pertaining to increased personal responsibility, healthy choices, and prevention of alcohol and drug abuse.
 - a. BACCHUS takes the lead on campus programming.
 - b. Peer listeners and Resident Assistants and Counseling Office provide hall programming as a part of wellness.
 3. Provide assessment, intervention, and treatment, and support services for students with alcohol/drug problems.
 - a. Counseling office provides on-going services.
 - b. Off campus assessment and counseling available in the community.
 - c. Alanon, AA, NA, and Recovery support groups times/places posted in all halls.
 4. Implement campus activities to provide alternative programming and to alcohol related activities via campus activities, SGA, Wellness, and student led programming.
 - a. Numerous campus events sponsored by Campus Activities, SAC, and students.
 - b. BACCHUS, SGA, and faculty provide additional programming.
 5. Promote the wellness program for the campus community.
 - a. On-line Health 101 to students, f faculty, parents
 - b. Megan McIntire coordinates wellness programming in halls
 - c. Intramural sports
 - d. Yoga, Pilates offered to students, staff/faculty at no cost
 - e. Health surveys completed for BC/BS
 - f. Staff health fair
 - g. Tuesday salad bar takeout
 - h. EAP services for staff
- C. AOD Program Strengths and Weaknesses
1. Weaknesses for program implementation
 - a. Financial constraints limit program options; must get creative and cost efficient
 - b. Manpower to implement programs per budget constraints
 - c. Need to empower student organizations to implement programs
 - d. Minimal programming in classroom
 2. Strengths for program implementation
 - a. Support from administration
 - b. Recent reassignment of duties for program coordinator (not just alcohol)
 - c. New focus for health/wellness initiatives on campus
 - d. Good relationship with community, schools, mental health for partnerships
 - e. Major bar just outside town burned down over the summer
 - f. Alcohol banned on campus
 - g. Community service and service learning opportunities available off campus

D. AOD Policy

1. Policy Contents

- a. A description of health risks associated with alcohol and drug use/abuse
- b. A description of federal, state, local laws and related sanctions
- c. A description of Counseling and Student Assistance programs
- d. A description of the judicial review process for disciplinary measures
- e. A description of FERPA guidelines

2. Policy distribution

- a. Student handbook
- b. E-mail to all students, faculty, and staff
- c. Available in hard copy upon request to Student Life or Human Resources.
- d. Addressed in freshman Orientation

E. Recommendations

1. More weekend options for alcohol free programming
2. Increase involvement with faculty program options in classroom
3. Send out AOD policy to students by mail (recently changed to email).
4. Initiate focus groups (use SGA, PEP, RA, hall/class exec) for surveys and program evaluation.
5. Continue to work with community to decrease underage drinking opportunities in local bars.
6. Expand hours in Chellie Club
7. Increase staff/faculty training of alcohol/drug awareness and prevention initiatives
8. Increase student education of social norms, choices, and responsible drinking

Person Completing Report: Jeanna Brauer, LCSW, Coordinator of Counseling
Report is kept in the Office of Student Life