

Care Package Ideas



FOR SUITES

The following suggestions are for entire suites and designed to be shared among all suite members. Suites may hold 7-14 students, please call Alumnae & P.E.O. Communications, 417-667-8181 ext. 2122, for an updated count of current residents of any suite you are supporting.

Suite Basket

Puzzles
Card games
Healthy snacks including nuts or dried fruit
Chewing gum or hard candy
Baked goods
Stress balls
Shower gels or steamers
Nail care kits
Facial packs
Eye mask
Throat lozenges
Tea or instant coffees
Adult coloring books and colored pencils/pens
First-aid kits like Band-Aids, hydrocortisone, Neosporin
Thank-you notes
Book of stamps

Laundry Kit

Laundry pods
Dryer sheets
Stain sticks/spot remover
Laundry bag/basket

Sunday Dinner Suite Feed Kit

Your favorite dinner casserole recipe
Walmart or Woods gift card for perishable ingredients
Disposable baking pan
Dry ingredients

Cold-Weather Basket

Hats
Gloves/mittens
Scarves
Fleece blankets
Fuzzy socks
Kleenex
Moisturizing lotion
Lip balm
Hot chocolate
Tea bags
Anti-bacterial wipes

- Remember no candles, please

FOR INDIVIDUALS

Shower Caddy Basket

Body wash/shower gel
Shampoo
Conditioner
Deodorant
Lotion
Washcloth
Bath puff
Toothbrush
Toothpaste
Floss
Tweezers
Nail clippers
Hand mirror
Razor, shaving cream
Water shoes/flip flops

Sweet Dreams Basket

Twin-sized sheet set
Pillow
Blanket
Bathrobe
Sock-slippers
Sleep mask
Pajama set
Herbal tea

Laundry Basket

Laundry pods
Laundry bag/basket
Stain stick/spot remover
Hangers
Paper towels
Dryer sheets

School Supplies

Spiral notebooks
Binder
Pens
Pencils
Highlighter
Flashdrive
Scissors
Scotch tape
Small stapler
Sticky tack/Plasti-Tak/Uhu
Erasers

Items such as feminine hygiene kits may be sent to the Wellness Center to have available for any student and for distribution as needed.

Feminine Hygiene Kits

Menstrual pads
Tampons
Ibuprofen
Heating pad
Herbal tea
Panty liners



Thank-you notes and stamps are always welcome in any basket, kit, or care package! Items listed are only suggestions, please feel free to improvise. Your support is so appreciated by students and staff at Cottey!

The Diversity Closet welcomes donations of coats, clothing, towels, along with other wearable items. We welcome any non-perishable food items for the Cottey Cupboard. The Cottey Cupboard is a free food program that supports students who struggle with food insecurities. These programs are managed by the student health office manager at the Wellness Center.