

COTTEY COLLEGE RANEY DINING ROOM

Winter MenuWeek of: January 22 - 28, 2024

Breakfast: Monday - Friday 7:00 am - 9:00 am Continental until 9:30 am; **Lunch:** Monday - Saturday 11:30 am - 1:00 pm Take-Out until 1:15 pm; **Dinner:** Monday - Saturday 5:00 - 7:00 pm; **Sunday Brunch:** 10:30 am -1:00 pm

	Always Available	Daily Choices	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Assorted Juices	Fresh Fruit:	*Cantaloupe	Fried-Free Day	*Honeydew	*Sliced Peaches	National Chocolate Cake Day	*Orange Segments	** Continental Breakfast 8:00-9:00 a.m.
	Cream Cheese Breads & Bagels (Gluten Free available) English Muffins Asst. Jams & Jellies Asst. Cold & Hot Cereals Granola (also Gluten Free) Wheat Germ Yogurt	Entrees:	*Scrambled Eggs Cottey Egg McMuffin P & D *French Toast V & D (GFA) *Bacon P ♥Turkey Bacon *Shredded Hashbrowns VV *Oatmeal VV Pop Up: Omelette & Waffle Bar Blueberry Muffins	*Pink Grapefruit *Scrambled Eggs *Fried Eggs Sausage Links P ♥Breakfast Patties VV *Skillet Potatoes VV Apple Dumplings VV Pop Up: Smoothie Bar Chocolate Chip Strawberry Muffins	*Cheese Omelettes V & D, VV *Scrambled Eggs Bacon Croissanwich P & D *Bacon P ♥Turkey Sausage Patties *Tater Puffs VV Pop Up: Omelette & Waffle Bar Bran Apple Muffins D	♥*Scrambled Eggs *Healthy Pancakes V (GFA) Vegan Pancakes VV Sausage Gravy Reg P, V & D w/ Biscuits Churros V & D *Bacon P *Southern Hash Browns VV Pop Up: Smoothie Bar Chocolate Croissants D	*Bananas Continental Breakfast 7:00 - 9:30 a.m. Pop Up: Omelette & Waffle Bar Banana Bread D	Continental Breakfast 8:00 - 9:30 a.m. Asst. Scones	*Brunch Buffet 10:30 a.m.-1:00 p.m. *Fresh Fruit Trays *Cheese D & Cracker Trays *Assorted Cereals (GFA) Brunch Salad ♥*Scrambled Eggs Chorizo Breakfast
		Coffee Cake/ Muffins:							Quesadillas P & D Bananas Foster Crepes V & D *Bacon P / Sausage Links P ♥Chicken Apple Sausages *Croissant French Toast V & D (GFA) *Sliced BBQ Beef Brisket *Crunchy Chicken Tenders (GFA) ♥Tofu Rancheros VV *Potato Cakes VV *Baby Carrots VV *Steamed Brussels Sprouts VV *Zucchini Bread D Orange Muffins D *Bagel Basket (GFA)
Lunch	Deli Bar Offerings: Gluten Free Ham Gluten Free Turkey Variety of sliced Cheeses Asst. Accompaniments Protein Salad 6 Bread Varieties GF White Bread GF Wheat Bread	Soup:	Tomato Soup VV Bill's 2-Alarm Chili	♥*Minestrone Soup VV Chicken Gnocchi Soup D	Chicken & Wild Rice Soup D *Taco Soup	*Baked Potato Soup V & D ♥Southwest Veggie Chili VV	Boston Clam Chowder D *Tortilla Soup VV	♥*Mediterranean Lentil Soup VV	
	Asst. Accompaniments Protein Salad 6 Bread Varieties GF White Bread GF Wheat Bread	Entrees:	*Chicken Tenders w/ Apple Jalapeno Glaze Cheese Enchiladas V & D *Beef Birria Quesadillas D (GFA) ♥*Tuscan Roasted Vegetables VV *Grilled Cheese Sandwich V & D (GFA) *Steamed Rice VV Seasoned Potato Wedges VV	*Grilled Chicken Caesar Sandwich D (GFA) Hatch Chili Mac n' Cheese V & D Meatloaf w/ Gravy *Indian Spiced Potatoes, Cauliflower & Peas VV *Mashed Potatoes V & D *Green Beans VV Pop Up: Pancake & French Toast Bar	*Garlic Chicken & Broccoli Stir-Fry *Steamed Rice VV Buffalo Chicken Sandwich ♥Black Bean & Rice Wrap VV *Tater Crust Cod (GFA) Tortellini Mac 'N Cheese w/ Broccoli V & D Seasoned Waffle Fries VV *White Chocolate Craisin Cookies D	Club Sandwiches P & D *Hamburgers (GFA) *Beyond Burgers VV (GFA) *Cheese Panini V & D (GFA) Spicy Chinese Chicken & Rice Crab Rangoon D Onion Rings V & D Pop Up: Baked Potato Bar Rice Krispie Treats D	*Chicken Shawarma Quesadillas D (GFA) Penne w/ Spicy Chicken Garlic & Tomato D ♥*Broiled Garlic Crust Cod (GFA) French Bread w/ Tomato & Mozzarella V & D *Three Sisters VV w/ Cornbread D *Shoestring Fries VV Spanish Rice Jan's Chocolate Cake D	*Turkey Burgers (GFA) Black Bean Burgers VV Spinach & Pesto Mac n' Cheese V & D Corn Dogs Reg P & V Cook's Choice *Steamed Rice VV *Tater Tots VV *Soft Chocolate Chip Cookies D	
	Salad Bar Offerings 3 Kinds of Greens 10 Kinds of Vegetables 9 Salad Dressings Daily Salad Specials Rolls & Asst. Breads	Dessert:	Chocolate Malted Cookies D	Goopy Butter Bars D					
Dinner	Salad Bar: Same as Lunch	Entrees:	♥Tandoori Butter Chicken Flatbread D Jumbo Cheese Ravioli w/ Marinara V & D *Panko Chicken Tenders Reg & VV (GFA)	♥Panko Crusted Tilapia w/ Lemon Pasta w/ 4 Cheese & Tomato V & D *Grilled Chicken w/ Honey Garlic Sauce *Teriyaki Vegetable Stir-Fry VV Cook's Choice	Mexican Buffet A Chipotle Restaurant-Style buffet of tortillas, rice, meats, veggies, beans and salsas for a make-your-own plate as well as taquitos, enchiladas, and Mexican sodas.	Chicken Fried Steak w/ Cream Gravy D Chicken Cordon Bleu P & D ♥*Polenta Gratin V & D Red Pepper Hummus Chik'n Sandwich VV Cook's Choice	BBQ Chik'n on a Bun VV *Korean BBQ Wings *Orange Beef Stir-fry Korean BBQ Cauliflower Wings V & D ♥*Baked Cod w/ Spicy Lemon Butter	Popcorn Chicken Reg & VV *Cheese Pizza V & D (GFA) ♥*Kung Pao Tofu VV *Tater Puff Casserole D Cook's Choice	Chocolate Buttercrunch Pie D Pumpkin Pie Served with Whipped Topping D Vegan Chocolate Cake VV
	Deli Bar: Same as Lunch	Starch:	*Smiley Potatoes VV *Steamed Rice VV			Garden Blend Rice VV *Mashed Potatoes V & D *Baked Acorn Squash w/ Brown Sugar VV *Elote Street Corn V & D	*Baked Potatoes VV *Steamed Rice VV Zucchini Fries V & D *Steamed Carrots VV Pop Up: Omelette & Waffle Bar	*Steamed Rice VV *Herb Roasted Red Potatoes VV *Mixed Vegetables VV *Roasted Broccoli VV	
	Seasonal Fruit Basket	Vegetables:	*Corn on the Cob VV *Vegetable Blend VV Pop Up: Pasta Bar	*Roasted Potatoes VV *Steamed Rice VV *Zucchini Saute VV *Steamed Peas VV	V, VV, and GF options offered. Tres Leches D Sopaipilla Cheesecake D Fiesta Puffs D Flan D	Chocolate Brownies D			
		Dessert:	Cookies & Cream Pie D *Frozen Yogurt D	Warm Peach Cobbler w/ Vanilla Ice Cream D M & M Cookies D			Ice Cream D & Sorbets Choc. Coca-Cola Cake D	Chewy Chocolate Cookies D	

Menu Subject to Change Without Notice

♥ Indicates Daily Healthy Options,
See online nutrition guide for more information

*Indicates Gluten Free Item
(GFA) - Gluten Free is available

Entrées marked with a V are **vegetarian**.

Entrées marked with a VV are **vegan**.

Entrées marked with a P contain **pork**.

Entrées marked with a D contain **dairy**.

*Brunch offers a combination of Breakfast and Lunch Items.

** Continental Breakfast offers all Cereal, Toast, Muffins, etc. and Beverages.

