

Winter Menu ~ Week: February 10 - 16, 2025

Breakfast: Monday - Friday 7:00 am - 9:00 am Continental until 9:30 am; Lunch: Monday - Saturday 11:30 am - 1:00 pm; Dinner: Monday - Sunday 5:00 - 7:00 pm; Sunday Brunch: 10:30 am - 1:00 pm

Always Available	Daily Choices	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Assorted Juices	Fresh Fruit:	*Orange Segments	Fried-Free Day *Honeydew	*Cantaloupe	*Bananas *Scrambled Eggs	*Pink Grapefruit	*Strawberries	** Continental Breakfast
Cream Cheese		*Cheese Omelettes V & D	*Scrambled Eggs	*Scrambled Eggs	Reg & VV			8:00-9:00 a.m.
Breads & Bagels Gluten Free available)	Entrees:		Sausage, Cheese &		Biscuits & Gravy	Continental Breakfast	Continental Breakfast	* Brunch Buffet
English Muffins		*French Toast V & D (GFA)	Egg Biscuit P & D	*Blueberry Pancakes D (GFA)		7:00 - 9:30 a.m.	8:00 - 9:30 a.m.	10:30 a.m1:00 p.m.
Asst. Jams & Jellies		*Amish Baked Oatmeal VV	*Bacon P	*Bacon P *Southern Hash Browns VV	*Bacon P			*Fresh Fruit Trays
Asst. Cold & Hot Cereals Granola (also Gluten Free)		♥Turkey Bacon *Bacon P	✓ Vegan Pancakes VV*Skillet Hash Browns VV	*Oatmeal VV	*Crispy Turkey Bacon*Chunky Hash Browns VV			*Cheese Tray w/ Crackers
Wheat Germ			Pop Up: Omelette &	Pop Up: Smoothie Bar	Pop Up: Omelette &	Pop Up: Omelette &		Assorted Cereals
Yogurt		Pop Up: Smoothie Bar	Waffle Bar		Waffle Bar	Waffle Bar		Five Cup Salad D
	Muffins:		Cream Cheese		Raspberry Cheesecake	33		*Scrambled Eggs
	iviuiiiis:	Maple Pumpkin Muffins	Apple Muffins D	Cinnamon Twists	Muffins D	Cherry Coffee Cake	Croissants D	Cream Cheese Churros V &
Deli Bar Offerings:	Carre	Amish Chicken	Chicken Gnocchi Soup D	*Taco Soup	*Baked Potato	*Chuck Wagon Chili w/ Beans	*Garden Vegetable	Biscuits & Gravy
Gluten Free Ham	Soup:			Tomato Vegetable w/	Soup V & D	Tomato Soup VV	Soup VV	P & D, V & D
Gluten Free Turkey		*Minestrone Soup VV	Veggie Chili VV	Shells Soup V & D	♥ Meditteranean			*Cinnamon Swirl French
Variety of sliced Cheeses Asst. Accompaniments	Entrees:				Lentil Soup VV		Chicken Salad	Toast V & D (GFA)
Protein Salad			Nashville Hot & Spicy	*Hamburgers (GFA)		Chicken Chunks *Grilled Cheese on Italian	Croissants D Beef & Cheese Soft	*Bacon P
6 Bread Varieties GF White Bread		*Fiesta Lime Chicken Burritos D (GFA) (DFA)		*Beyond Burgers VV (GFA) Veggie Bagel Melt V & D	BBQ Chicken Bao Buns *Shrimp & Pineapple	Bread V & D (GFA)		♥Turkey Bacon Chocolate Chip
F White Bread F Wheat Bread		` ' '	*Blue Corn Tamales VV	*Chicken Fajitas (GFA)	Quesadillas D (GFA)	*All-Beef Hot Dogs (GFA)	*Cheese Quesadillas	Pancakes V & D
		88		1 '	Chicken Cordon Bleu	Vegan Hot Dogs VV	V & D (GFA)	*Roesti Potatoes VV
Salad Bar Offerings 3 Kinds of Greens		*Grilled Chicken w/		Onion Rings D	Sandwich P & D		Pretzel Fries w/ Nacho	*Zucchini Marinara
10 Kinds of Vegetables		Alfredo V & D	*Steamed Rice VV	Arancini Bites V & D	Veggie Springrolls VV	*Steamed Rice VV	Cheese Sauce D	V & D, VV (GFA)
9 Salad Dressings		*Tomato & Cheese	*Oven Crunch Fries VV	*Steamed Rice VV	Cheesy Broccoli & Rice	*Shoestring Fries VV		Popcorn Chicken
Daily Salad Specials Rolls & Asst. Breads		Quesadillas V & D (GFA)			Casserole V & D			Chicken Kiev D
Kolis & Asst. Dicads			Pop Up: Ramen Bar		1	Pop Up: Baked Potato Bar	*Potato Smiles VV	*Steamed Brussel Sprouts
	Dessert:	Garden Blend Rice VV	Strongle and Calca Caaleiaa D	1	Sidewinders VV	Brown Butter Espresso	*Chocolate Chip	Croissants D
Seasonal Fruit Basket		Double Chocolate Cookies D	Strawberry Cake Cookies D	Cheesecake Bars D	Chocolate Caramel Brownies D	Choc. Chip D	Fudgy Brownies D	*Bagel Basket (GFA)
		Double Chocolate Cookles D	Wonster Cookies	Cheesecake Bars D	Blownies D			*Pumpkin Bread VV
	Entrees:		Vegetable Pot Pies VV	1		Beer rengam Smish recoos	*Grilled Chicken	Blueberry Streusel Muffins
Salad Bar:		Reg & VV (GFA)	*Grilled Chicken	"Make Your Own"	w/ Apricot D (GFA)		Parmesan D	*Carrot Cake Bars D
Same as Lunch		*Baked Cod w/	Provolone D	Stir-Fry Bar	*The above Tillets w/ Lemon	Sauce (ce B (GIII)	Hatch Chili Mac n' Cheese V & D	Pumpkin Swirl Cheesecake
		Cajun Shrimp Four Cheese	*Thai Curry Stir-Fry VV Cheese Stuffed	Includes an assortment of meats,	*Tteokbokki VV	Madras Chicken Curry D → Herb Crusted Tempeh	*Linguine w/	
		Lasagna V & D	Shells V & D	vegetables, rice & other	Chili VV / Cornbread	w/ Marinara VV	Pesto VV (GFA)	*Garden Salad VV
		· ·	Cook's Choice	ingredients for students to cook	Cook's Choice		*Spicy Chicken	Asst. Fruit & Vegetable Sala
	Starch:	*Mashed Potatoes D		on portable stoves according to		*Steamed Rice VV	Tenders (GFA)	*Spaghetti (GFA) w/
		*Steamed Rice VV	*Roasted Potatoes VV	personal preference.		*Garlic Herb Red Potatoes VV	Cook's Choice	*Meat Sauce & *Marinara \
	Vagatak 1		*Steamed Rice VV	A variety of entrees and desserts, including favorites such as Home			hp 1 1 p	Fettucine Alfredo V & D
	vegetables:	*Steamed Baby Carrots VV		made Sushi Rolls.	Potatoes v v	*Roasted Broccoli VV	*Baked Potatoes VV	*Beef Shish Kebobs
		*Elote Street Corn V & D	*Steamed Green Beans VV	Rolls include: California,	*Steamed Rice VV	*Steamed Peas VV	*Steamed Rice VV *Steamed Corn VV	Cook's Choice
		Don Un. Indian Don't Day	*Cauliflower served w/ Cheese Sauce V & D	Philadelpiah, Spicy Tuna,	*Grilled Vegetables VV	Pan IIn: Omalatta & Waffa Pau	*Steamed Carrots VV	Garlic Breadsticks D
		Pop Up: Indian Bowl Bar	Cheese Sauce v & D	21001111050, 100 110	Zucchini Sticks V & D	Pop Up: Omelette & Waffle Bar	Steamed Carrotts V V	*Roasted Potatoes VV
				Gluten Free, Vegetarian, and	Lacomin Sticks / CCD		*Ice Cream Novelties (GFA)	*Grilled Asparagus VV
	Dessert:	Angel Cake w/ Assorted	Asst. Ice Cream D & Sorbets	1		Gooey Butter Bars D	Caramel Annle	Pagga's Chayyy
		Toppings & Whipped Cream		Salad Bar & Deli Bar available.	L 10 1 D	*Chocolate Chip Cookies D	Oatmeal Cookies D	Reese's Chewy

Menu Subject to Change Without Notice

Indicates Daily Healthy Options,

See online nutrition guide for more information

*Indicates Gluten Free Item (GFA) - Gluten Free is available Entrées marked with a V are vegetarian. Entrées marked with a VV are vegan.

DFA - Dairy Free Available
Entrées marked with a **P** contain **pork**.
Entrées marked with a **D** contain **dairy**.

*Brunch offers a combination of Breakfast and Lunch Items.

^{**} Continental Breakfast offers all Cereal, Toast, Muffins, etc. and Beverages.